

Youth Academy, LLC
2003 Annual Report

2003 was a great year for the Youth Academy. In terms of treatment provided to youth and families, the Youth Academy served in a lead role providing effective and efficient treatment as noted throughout this report. In general, the lengths of stay experienced by residents of the Youth Academy are not typical of other companies in the state. Additionally, the Youth Academy has provided leadership in areas of program development and congruency focusing on outcomes as the primary change agent for the delivery of treatment services.

By establishing a fiscally sound program, the Youth Academy has proven successful in meeting the community needs of Marion and surrounding counties. Practically on a daily basis, telephone calls from local WVDHHR offices are received discussing the pleasure of the performance of the Youth Academy. Moreover, a fiscally sound operation equates to a secure and stable environment in which life development and education occurs.

Throughout the past year, which must be noted as our first full calendar year of operation, many successes have been realized both therapeutically and financially. Although majority of this information will be explained and dissected throughout this report, it is essential to identify a few key successes.

First and foremost, it is essential to note that 30 jobs exist in Marion County because of the Youth Academy. With the 30 jobs, staff enjoy a full compliment of benefits that includes full health and hospitalization, dental, vision, long term disability, accidental death and dismemberment, 16 days of paid time off, six holidays, employer matching 401k savings, the ability to participate in a college 529 plan, continual training and professional development, and educational benefits.

Additionally, the Youth Academy has spent a considerable amount of time preparing and defending a new CON for a Co-Occurring program to treat adolescents with Co-Occurring issues. There have been many hurdles going through this process, but the Board of Directors have exhibited their determination to provide this vital service to the youth and families of West Virginia.

This report will go into greater detail in the following areas:

- General Program Effectiveness in Relation to Stated Goals/Community Needs/General Staff Effectiveness
 - Outcomes
 - Average Length of Stay
 - Average Daily Census
 - Total Number of Residents Served
 - Occupancy Rate
 - GPA
 - Presenting Diagnosis and Success Rate
 - Permanency of Life Situation
 - Referrals
 - Satisfaction Surveys
 - ASO
- Expenditures

GENERAL PROGRAM EFFECTIVENESS IN RELATION TO STATED GOALS/COMMUNITY NEEDS/GENERAL STAFF EFFECTIVENESS

The Youth Academy prides itself on the concept of being willing to provide services identified as necessary services for the community. We are constantly engaged in meetings with the staff of the WVDHHR in order to maintain relationships and remain abreast of the issues facing the community. Moreover, the Youth Academy has played an integral role in the development of the CAPS (Comprehensive Assessment and Planning System), which is providing essential assessment services to children in risk of out-of-home removal in order to provide the most appropriate placement.

The youth residing at the Academy are involved in their community through community service projects such as adopt-a-highway and spring clean up for the city of Pleasant Valley. In addition, the youth also provide community service to local parks and churches and in return, receive free access to the local pool and are allowed to use recreational facilities within the churches. The public service activities are planned by the youth on a weekly basis during each of their planning meetings.

Outcomes

The program's effectiveness is measured in several ways. One particular method is by applying the outcomes, as adopted by the West Virginia Child Care Association, to the residents receiving our services. The following information is a breakdown of specific measures within the treatment milieu in order to present specific trends and successes.

• Total Number of Youth Beginning Service in 2003 (precludes youth enrolled on Jan 01, 2003)		37
• Total Number of Youth Served in 2003		56
• Breakdown of Gender Served in 2003	Female	27
	Male	29
• Total Days of Care Provided		7275
• Average Daily Census (Maximum 20)		19.93
• Occupancy Rate		99.65%
• Average Age of Resident for Female (years)		15.3
• Average Age of Resident for Male (years)		15.97
• Average Length of Stay (Measured in Days)		197.69
• Average Length of Stay (Measured in Months)		6.58
• Average Length of Stay (Measured in Days) Males		216.76
• Average Length of Stay (Measured in Months) Males		7.22
• Average Length of Stay (Measured in Days) Females		182.18
• Average Length of Stay (Measured in Months) Females		6.07

GPA

By examining the average grade point averages, academic success is measured. The Youth Academy tracks outcome data, as adopted by the West Virginia Child Care Association, to maintain at least 70% of residents achieve a 2.0 GPA or higher.

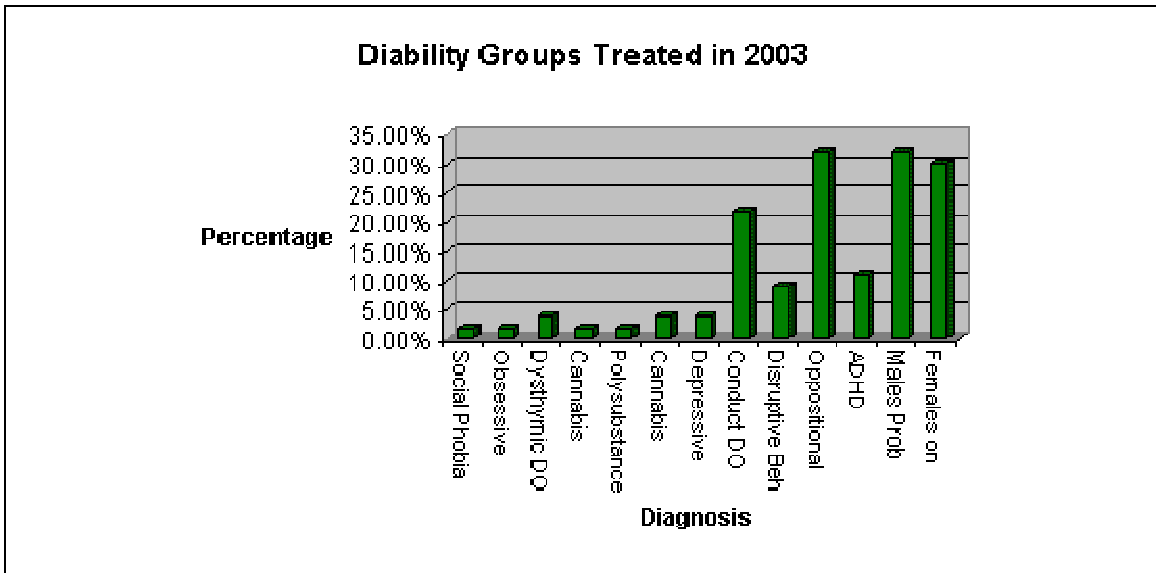
- During 2003, there were 40 residents that that met the criteria of receiving 90 days or more of service. This number does not reflect the residents that were participating in GED related functions. Of the 40 residents, 28 were successful in achieving a 2.0 or higher GPA, which translates to a 70% success rate. The outcome measure as adopted by the WVCCA stipulates that a program shall achieve a minimum level of 70%. The Youth Academy has achieved that measure and recognizes the need for further attention in this area. However, 95% of the residents receiving services in 2003 at the Academy demonstrated an improvement in his/her own GPA.
- A closer examination of the progress of the residents receiving services throughout 2003 and not just focusing on those that graduated or received services for 90 days or longer represent a pleasing trend. The average GPA for the female residents is 2.341 while the average GPA for the male residents is 2.014. A total average between the two represents a GPA of 2.18.

Presenting Diagnosis and Success Rate

As represented in the below graph, there was a wide spectrum of issues being served. Through this representation, clear success can be identified in all areas served. One issue to note is that 8% of the total diagnosis represented substance abuse/dependence disorders and the Youth Academy achieved a 100% success rate. Also, it is important to note that Conduct DO and Oppositional Defiant DO comprised 54% of the total sample. Refer to the graph for further information and detail.

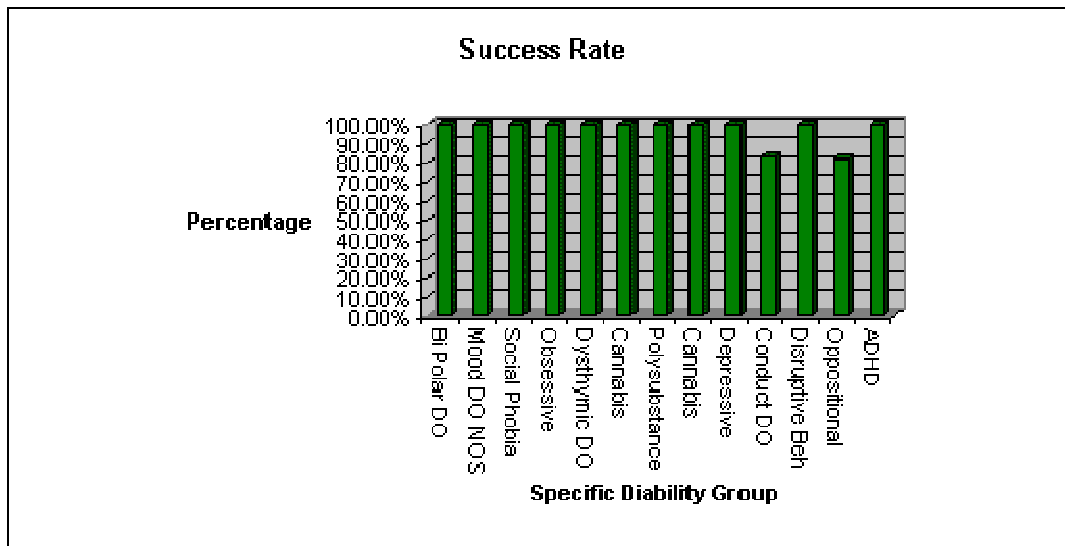
Disability Groups Treated

Bi Polar DO mre unspec	2.00%
Mood DO NOS	4.00%
Social Phobia	2.00%
Obsessive Comp DO	2.00%
Dysthymic DO	4.00%
Cannabis Dependence	2.00%
Polysubstance Dep	2.00%
Cannabis Abuse	4.00%
Depressive DO NOS	4.00%
Conduct DO	22.00%
Disruptive Beh DO NOS	9.00%
Oppositional Def DO	32.00%
ADHD	11.00%
Males on Probation	32.00%
Females on Probation	30.00%



Disability Group Success Rate

Bi Polar DO mre unspec	100.00%
Mood DO NOS	100.00%
Social Phobia	100.00%
Obsessive Comp DO	100.00%
Dysthymic DO	100.00%
Cannabis Dependence	100.00%
Polysubstance Dep	100.00%
Cannabis Abuse	100.00%
Depressive DO NOS	100.00%
Conduct DO	83.00%
Disruptive Beh DO NOS	100.00%
Oppositional Def DO	82.00%
ADHD	100.00%

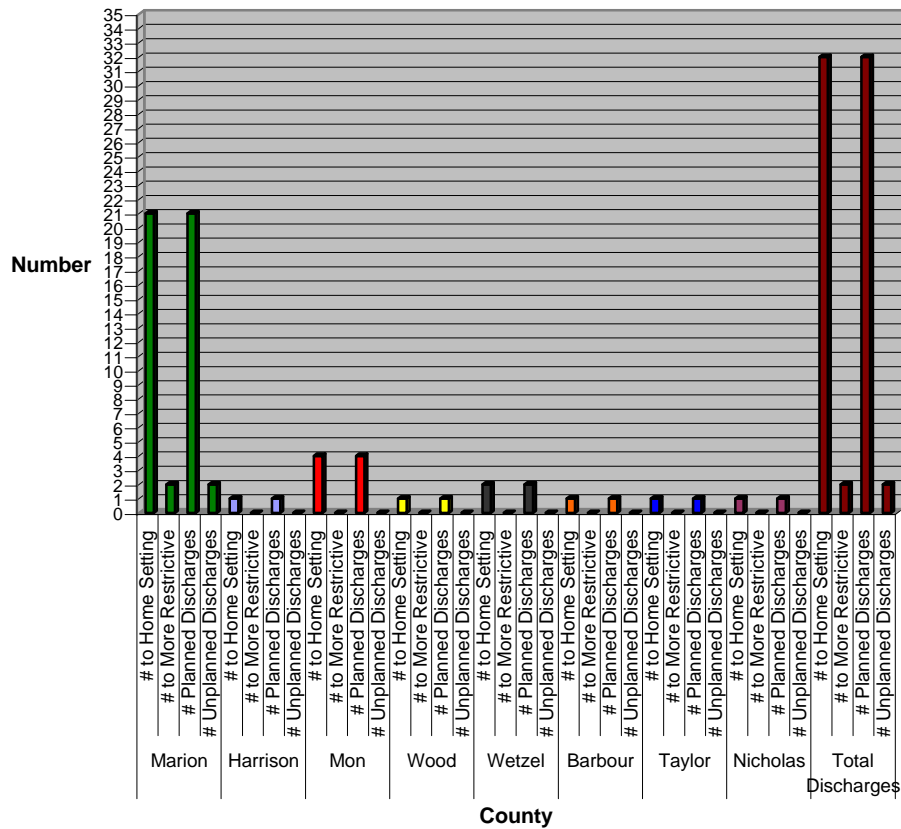


Permanency of Life

By examining “Permanency of Life Situation” and applying the outcome measures as adopted by the WVCCA, which stipulates 70% of all kids receiving services for 90 days or longer will be discharged to a home setting (home setting is defined as a foster homes, birth family, adoptive, kinship care, lesser restrictive, or independence), the Youth Academy’s success is represented as follows in the below graph:

- Of the 34 discharges in 2003, 30 were to a home setting representing a success rate of 88%. Moreover, of the 34 discharges, 32 were planned as represented in the following graphs. Although two of the planned discharges were to more restrictive settings, it was found to be in the best interest of the resident due to intensified clinically significant symptomology. Therefore, in relation to planned discharges versus unplanned discharges, the Youth Academy represented a 94% success rate.

2003 Discharge Outcomes

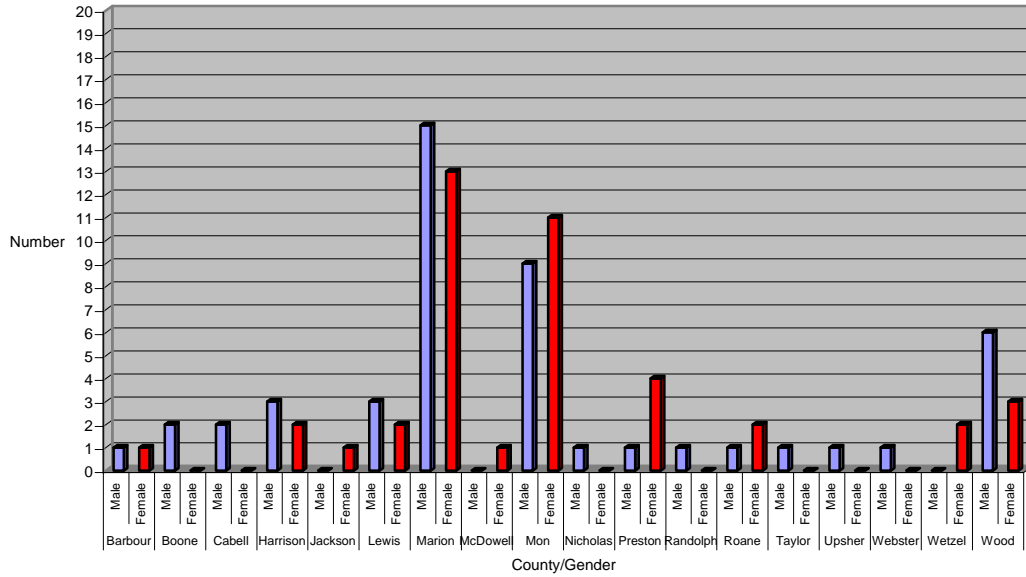


	# to Home Setting	# to More Restrictive	# Planned Discharges	# Unplanned Discharges
Marion	21	2	21	2
Harrison	1	0	1	0
Mon	4	0	4	0
Wood	1	0	1	0
Wetzel	2	0	2	0
Barbour	1	0	1	0
Taylor	1	0	1	0
Nicholas	1	0	1	0
Total Discharges	32	2	32	2

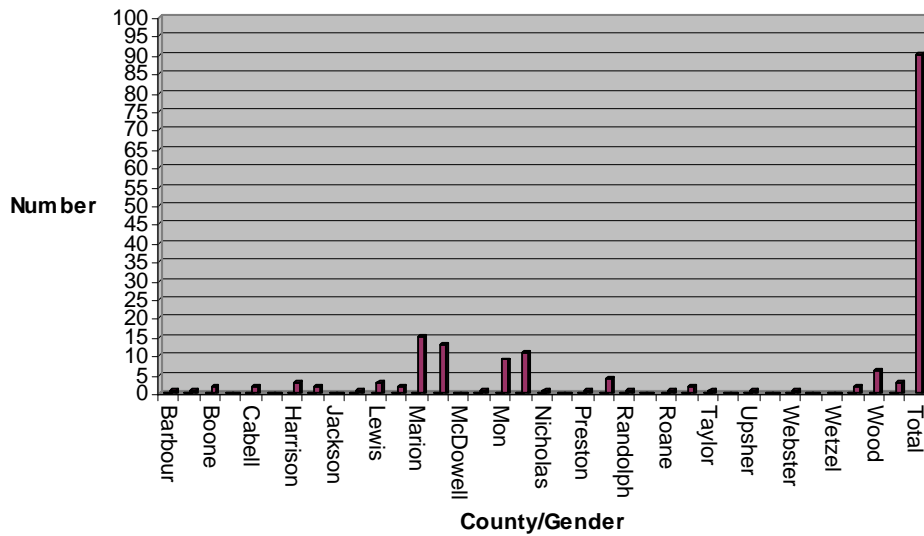
Referrals

Another measure of effectiveness is the level of referrals received. As represented in the below graphs, there were a total of 90 referrals received in 2003. Of the 90 referrals received, 73% were from Region I, 24% were from Region III, and 3% from Region IV. Within the 90 referrals, 15 or 16% were rejected due to intensity or inappropriate referral. These results represent a clear commitment to serving the community and ensuring the youth and families receive the most appropriate, community-based care. Refer to the information within the graph for more detailed information.

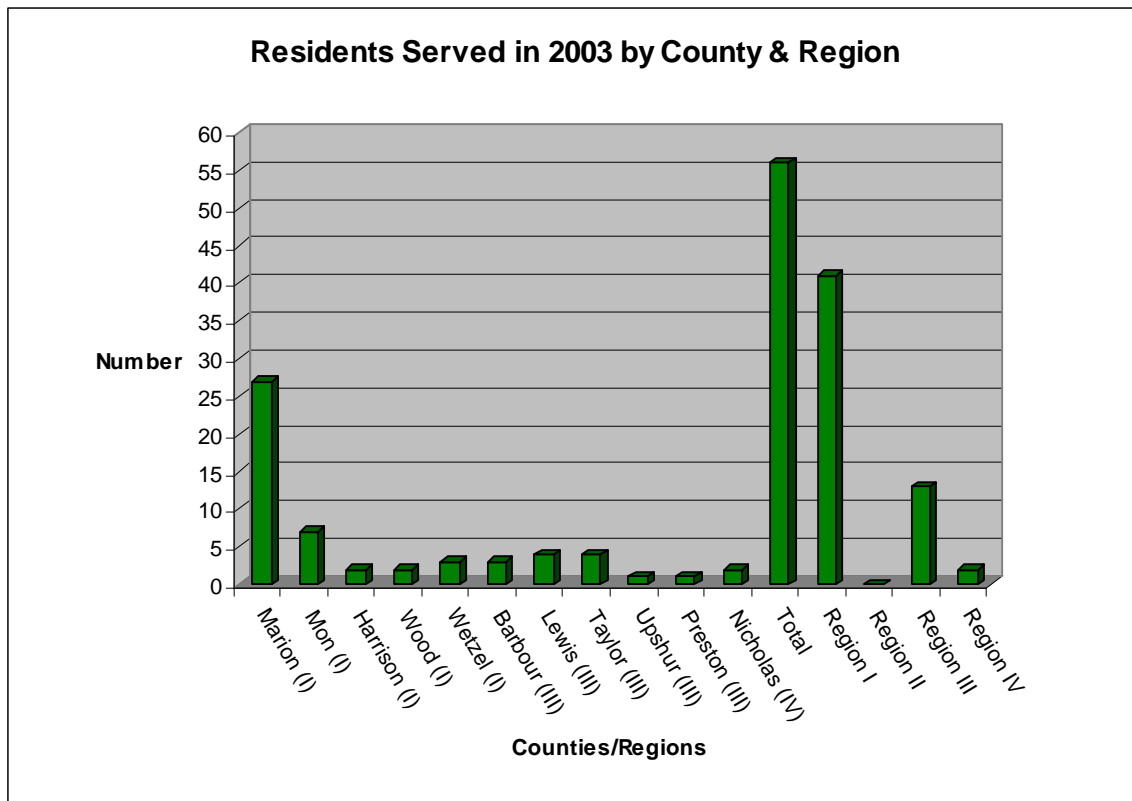
2003 WV Referrals by County



Total 2003 WV Referrals by County



County	Number Served in 2003	%
Marion (I)	27	49%
Mon (I)	7	11%
Harrison (I)	2	4%
Wood (I)	2	4%
Wetzel (I)	3	5%
Barbour (III)	3	5%
Lewis (III)	4	7%
Taylor (III)	4	7%
Upshur (III)	1	2%
Preston (III)	1	2%
Nicholas (IV)	2	4%
Total	56	100%
Region I	41	73%
Region II	0	0%
Region III	13	24%
Region IV	2	3%

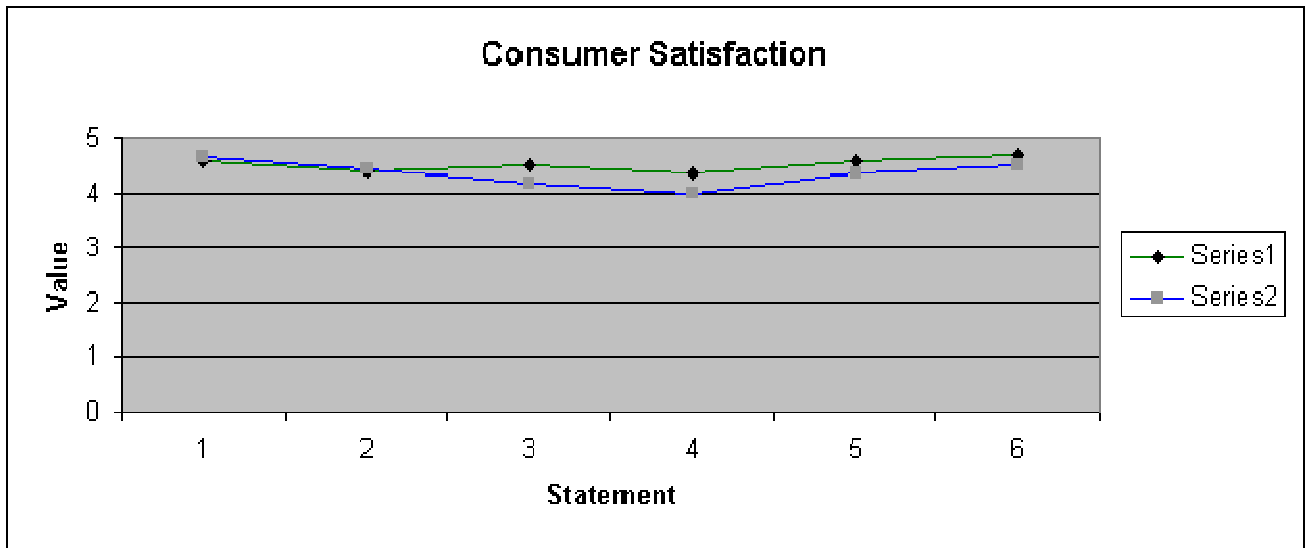


Satisfaction Surveys

Satisfaction surveys were distributed in 2003. A representation of the results of the satisfaction surveys is provided in below graphs. Conclusively, the Youth Academy is providing services that are felt to be effective by the family and consumers.

Average of Surveys Sent in 2003 (2 sets – one in early 2003 and one in late 2003, with six months apart)

	Statements	Average Level of Importance (Series 1)**	Average Level of Satisfaction (Series 2)**
1	Youth Academy staff conduct themselves in a professional manner	4.56	4.65
2	Youth Academy staff maintain open lines of communication	4.38	4.43
3	Youth Academy is receptive of client's needs	4.5	4.15
4	Services at the Youth Academy has proven to be successful	4.36	4
5	Youth Academy staff are receptive of the community needs	4.56	4.36
6	Youth Academy invites participation in the treatment planning process	4.68	4.48



***Series 1 = Level of Importance**

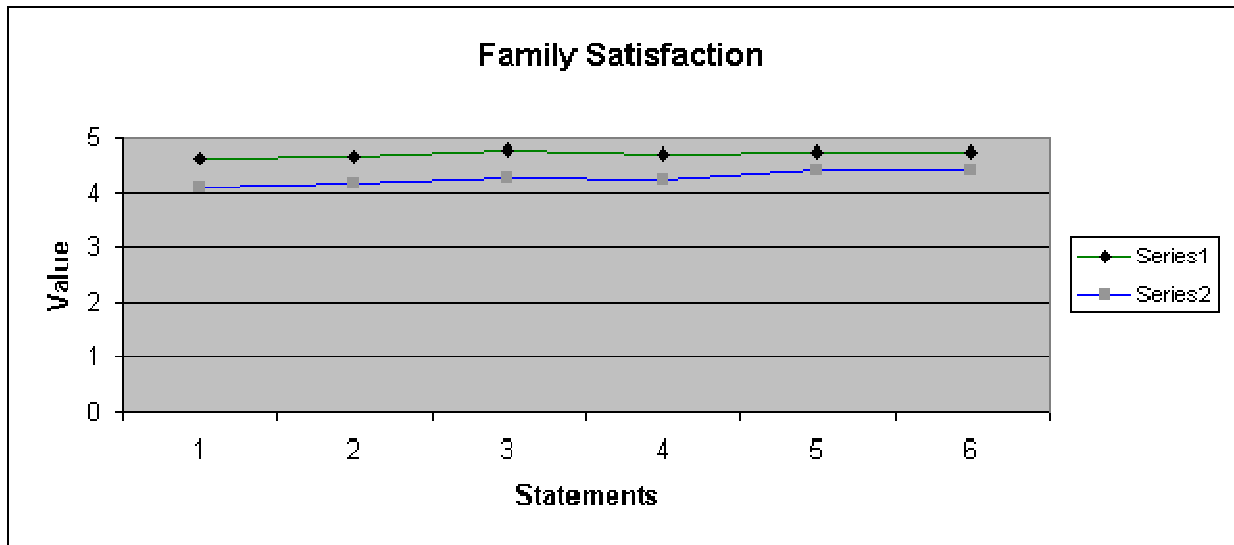
***Series 2 = Level of Satisfaction**

** Scale range is 1 - 5

80 surveys were distributed and 63 returned for a 79% rate of return

Average of Surveys Sent in 2003 (2 sets – one in early 2003 and one in late 2003, with six months apart)

	Statements	Average Level of Importance (Series 1)**	Average Level of Satisfaction (Series 2)**
1	Were adequately informed at intake about the program	4.64	4.09
2	Received adequate communication regarding adverse/critical incidents involving your child	4.68	4.16
3	Were adequately notified of all meetings/events related to your child	4.8	4.28
4	Were well informed of your child's progress	4.72	4.24
5	Felt your child was safe and receiving the care he/she requires	4.76	4.41
6	Were encouraged by Youth Academy staff to maintain frequent contact, both by phone and visit	4.76	4.43



***Series 1 = Level of Importance**

***Series 2 = Level of Satisfaction**

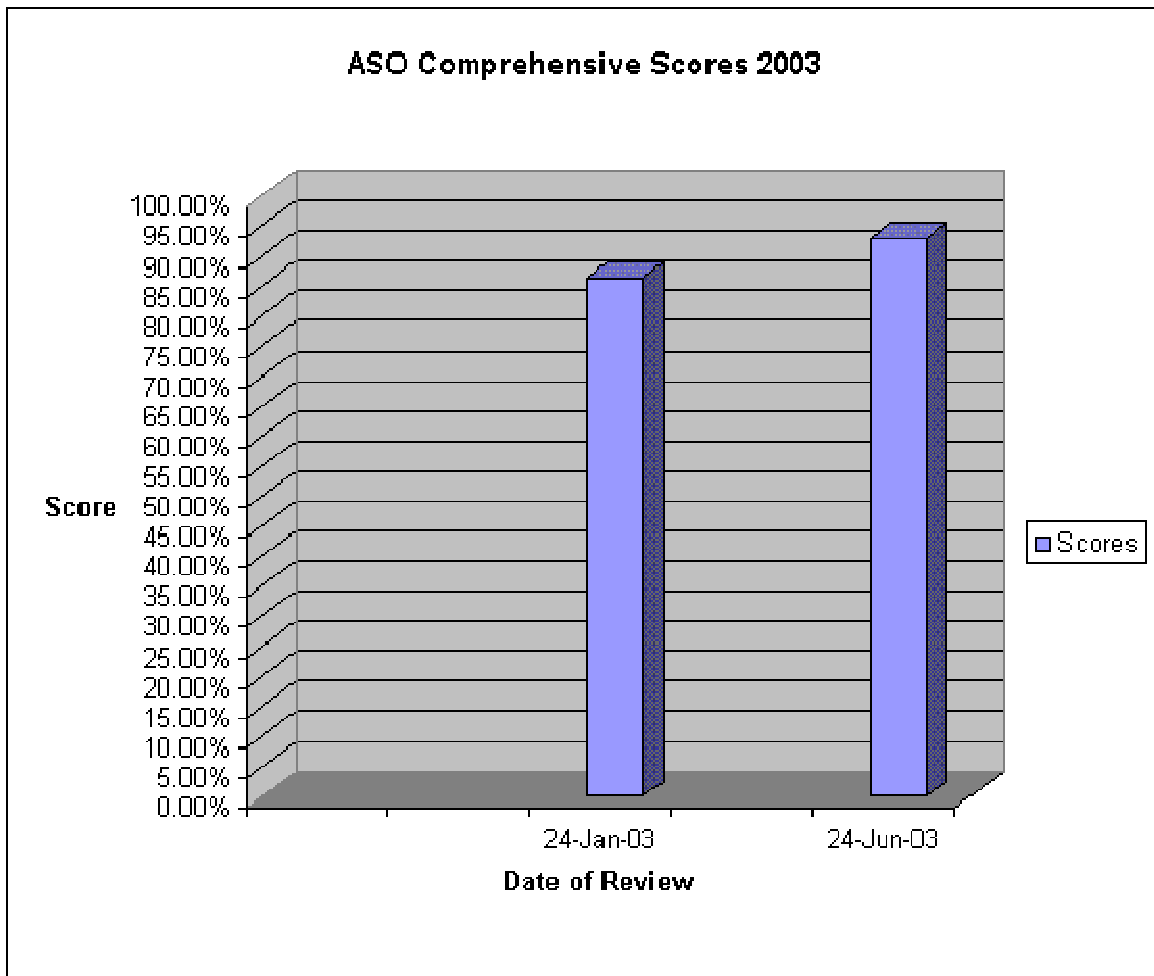
** Scale range is 1 - 5

35 total surveys were mailed and 31 returned for a 89% rate of return

ASO

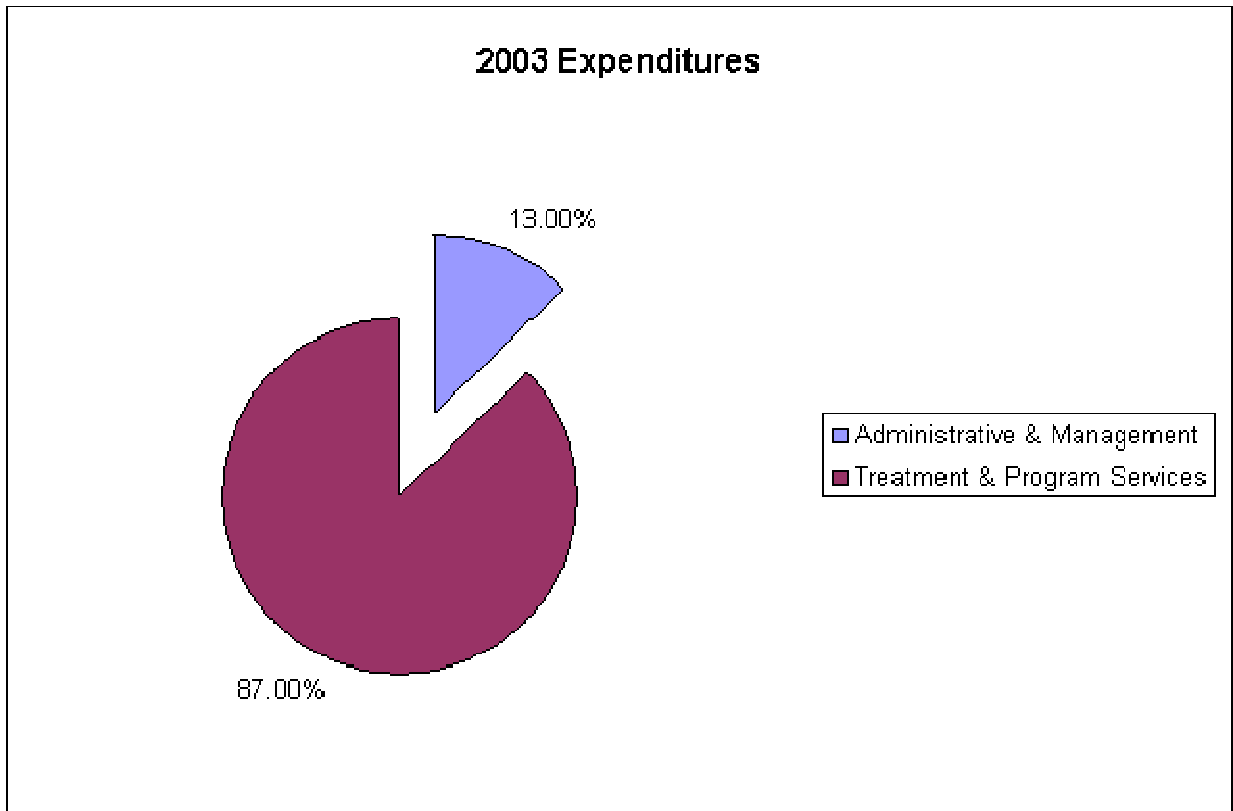
The Administrative Services Organization (ASO) for the State of West Virginia, APS, provided two comprehensive reviews for 2003. The initial review, dated for January 24, 2003, which represented three months of operation, reflected an overall score of 86.48 out of 100. However, upon returning six months later, an overall score of 93.11 was achieved.

ASO Visits	Scores
24-Jan-03	86.48%
24-Jun-03	93.11%



EXPENDITURES

2003 Expenditures	% of Expense
Administrative & Management	13.00%
Treatment & Program Services	87.00%



Sources of Revenue	% of Revenue
WVDHHR	57.00%
WV Medicaid	43.00%
Interest Income	0.0002%

